



In partnership with Mental Health Today magazine

mentalhealth
Today

SAVE £50

when you book before
14 July 2010

Self-harm and borderline personality disorder

Exploring practice, controversy and common ground

Date: Monday 4 October 2010

Venue: ORT House Conference Centre, London NW1



Key speakers

Professor Philip Thomas *Honorary Visiting Professor,
Department of Social Sciences and Humanities, University of Bradford*

Dr Lucy Johnstone *Clinical Psychologist, former Director of the
Bristol Clinical Psychology Doctorate*

Professor Allan O House *Director, Leeds Institute of Health
Sciences, University of Leeds*

Programme monitored by:

CPD
CERTIFIED
The CPD Certification
Service

Self-harm and borderline personality disorder

Exploring practice, controversy and common ground

About the conference

There are over 150,000 attendances to accident and emergency departments each year for self-harm; it is one of the top five causes of acute medical admission. The UK has the highest rate of self-harm in Europe; this rate continues to increase. One half of those who die by suicide each year will have self-harmed at some time in the past.

Borderline personality disorder (BPD) is an increasingly prevalent, yet highly controversial diagnosis. It is defined in DSM-IV as a prolonged disturbance of personality function, characterised by depth and variability of moods. Suicidal or self-harming behaviour is one of the core diagnostic criteria in DSM, leading to a high rate of diagnosis in those who self-harm.

Service user activists and critical-thinking mental health practitioners have questioned the diagnosis being made on the basis of self-injury alone. Furthermore, there is significant concern that the diagnosis of BPD stigmatizes people, usually women, and can support pejorative and discriminatory practices.

Free bursaries

Pavilion recognises the contribution people from across health and social care make to our conferences. To ensure our conferences are accessible to people using services, unwaged/family carers, and students, there are up to 5 free places available at each conference.

To apply, please write to us by post or email as below stating why you would like to attend this particular conference.

Post: Pavilion, Richmond House, Richmond Road, Brighton, East Sussex, BN2 3RL,

Email: info@pavpub.com

Remember to include your contact details as we will be in touch two weeks before the conference to confirm if you have been given a place.

Unable to attend?

Conference papers, as presented to the delegates on the day, are available on CD-rom after the conference for £60 + VAT. This useful reference will include: available speakers' papers, speakers' biographies and any additional inserts.

Aims of the conference

The aim of this conference is to offer anyone working with people who self-harm who have a diagnosis of borderline personality disorder an opportunity to discuss helpful ways of working with this client group, with experts by profession from nursing, psychology and psychiatry, alongside service user/human rights activists.

This is one of the first conferences to bring together experts by experience and by profession to debate and question the use of borderline personality disorder as a diagnosis for people who self-harm. It seeks to actively engage with diversity, leading the way for constructive exploration of self-harm and borderline personality disorder.

Key themes

- What helps in working with people who self-harm
- Participatory debate on the diagnosis of BPD
- BPD and DSM reclassification
- Service user experience and knowledge in health education
- Evaluating treatment interventions
- Diversity, self-harm and BPD

Who should attend?

- Frontline mental health workers in social care teams
- Psychologists and psychiatrists in acute and community settings
- Mental health nurses in acute and community settings
- Prison staff in young offender and adult settings
- Women's mental health services including forensic mental health services
- Personality disorder (PD) and borderline personality disorder (BPD) units and services
- Therapeutic communities
- Mental health charities
- Commissioners, Managers and Planners of mental health services
- Self-harm services; BPD user groups; self-harm user groups
- NICE guidelines representatives
- PD and self-harm experts
- Survivors

Programme

9.30am Coffee and registration

10.00am **Chair's welcome and introduction**

Professor Philip Thomas *Honorary Visiting Professor, Department of Social Sciences and Humanities, University of Bradford*

10.15am **Working with people who self-harm: what assumptions do we make, what helps, what hinders? A nursing perspective**

Suzie Marriott *Mental health nurse*

10.45am **How can we best support people who self-harm: experts by experience informing clinical practice – a survivor and educator's perspective**

Clare Shaw *Director and Training Partner, Harm-ed*

11.15am Refreshments

11.45am **Parallel workshops**

A The impact of being diagnosed as BPD. BPD and DSM reclassifications

CABL (Campaign to Abolish the Borderline Personality Disorder Label)

Clare Shaw *Director and Training Partner, Harm-ed* and **Debra Shulkes** *Editor of 'Advocacy Update', the human rights and cultural publication of the European Network of (ex) Users and Survivors of Psychiatry (ENUSP)*

Rosa Corcoran *Writer and freelance journalist*

B Asian women and self-harm

Aarunima Bhatnagar *Sexual Health Promotion Officer, Newham Asian Women's Project*

C Dialectical behaviour therapy as treatment of choice for people who self-harm?

Dr Jo Hadfield *Clinical Psychologist working in adult mental health services*

D Men and self-harm

Dr Mark Cresswell *Sociologist, School of Applied Social Sciences, University of Durham*

12.45pm Lunch

1.45pm **Conference debate**

Does borderline personality disorder as a diagnosis help people who self-harm?

Speaking for: **Speaker to be confirmed** and user representative from *Personality Plus*

Speaking against: **Professor Allan O House** *Director, Leeds Institute of Health Sciences, University of Leeds* and **Clare Shaw** *Director and Training Partner, Harm-ed*

2.45pm Refreshments

3.00pm **Parallel workshops repeated**

4.00pm **Borderline personality disorder: diagnosis or formulation?**

Dr Lucy Johnstone *Clinical Psychologist, former Director of the Bristol Clinical Psychology Doctorate; Author of 'Users and Abusers of Psychiatry' and co-editor with Rudi Dallos of 'Formulation in Psychology and Psychotherapy: Making sense of people's problems'*

4.30pm **Discussion and chair's summary**

4.45pm Conference close

Your delegate place includes a **FREE*** personal subscription to

Mental Health Today magazine



Your delegate place includes a free year's personal subscription to *Mental Health Today* magazine - please make sure you provide your full postal details and email address at the time of booking so we can send your print and digital copies.

Published 10 times a year, *Mental Health Today* magazine will keep you informed of developments in mental health so you can continue to learn about new ways of improving the services you offer. It focuses on your continuing professional development and the learning benefit gained by reading may be counted towards CPD requirements.

Online archive

Personal access to the latest digital edition of *Mental Health Today* magazine plus a fully searchable online archive of back issues is also included for free, so if you are looking for ideas in a particular area or topic, there is a wealth of material available to you.

* Only applies to paid for places

Continuous professional development

Professionals within the social care sector are required to undertake Continuous Professional Development (CPD) by the General Social Care Council (GSCC). Delegates can gain CPD points from attending our conferences and exhibitions.

About Pavilion

Pavilion is the leading publisher and event organiser for those working in social and healthcare fields, whether they work in the statutory, private or voluntary sectors. We publish over 200 training packs, *Mental Health Today* and *Learning Disability Today* magazines.

Promotional opportunities

For more information about promotional opportunities at this conference, such as exhibiting and including your promotional materials in the conference delegate packs, please contact: Graham Hoare, Customer Relations Manager, Pavilion: **Tel:** 01273 666703 **Email:** grahamh@pavpub.com

For a full list of our conferences visit: www.pavpub.com

Self-harm and borderline personality disorder

Exploring practice, controversy and common ground

Date: Monday 4 October 2010 Venue: ORT House Conference Centre, London NW1

We cannot accept provisional bookings

C-560-05-10

How to book:

Fax: 0844 880 5062 Tel: 0844 880 5061 Web: www.paypub.com Email: info@paypub.com
Post this form to: FREEPOST RLUZ-ATEU-RYUZ, Pavilion, Richmond House, Richmond Road, Brighton, BN2 3RL

Your details

(Please complete this section for each delegate. Photocopies are acceptable.)

Dr Mr Mrs Ms (Please circle) Other:

First name:

Surname:

Job title:

Department:

Organisation:

Address:

Postcode:

Tel: Fax:

Email:

I am a wheelchair user I require a vegetarian meal I require a hearing loop

Please state any other requirements:

I agree to the terms and conditions as stated at the bottom of this page

Name:

Signed: Date:

Workshop sessions

Ist choice 2nd choice

11.45am Please write the letter of the two workshops you would like to attend (A-D):
3.00pm

Venue

ORT House Conference Centre, 126 Albert Street, London NW1 7NE
(a map of the venue will be sent with confirmation of your booking)

Date

Monday 4 October 2010

Conference fees

The fee includes lunch, refreshments and conference materials. Please note accommodation is not included.

Conference papers

Conference papers will be sent out a week after the conference, please fill in the 'Your details' section.

Group discount

Group discounts are available, please call 0844 880 5061 for more information.

Confirmation of booking

When booking, please wait for written confirmation before arranging travel.

Terms and conditions

Cancellation and refund policy

All cancellations will be subject to a £50 administration fee, if received in writing by 20/09/2010. We regret that any cancellations after this date cannot be refunded, but substitute delegates are welcome at any time.

Payment

30 days either from date of invoice or before the conference (whichever sooner). Payment must be received prior to the conference.

If you DO NOT wish to receive further information from Pavilion, please tick here:

We may also make your details available to carefully screened organisations working in the health and social care field. If you DO NOT wish to receive information from these companies, please tick here:

Pavilion reserves the right to make changes to the programme, speakers or venue should this become necessary.

Please note that occasionally we might film, record or photograph all or part of our events. Footage, photography or audio may be broadcast after the event and used in a professional context.

Delegate rates and purchasing options

(For group rates and bursary places please see terms and conditions.)

Book by 14 July 2010 and SAVE £50

	Early bird	Standard	Quantity
<input type="checkbox"/> Central gov/private orgs	<input type="checkbox"/> £260 + VAT (Total £305.50)	<input type="checkbox"/> £310 + VAT (Total £364.25)	<input type="checkbox"/>
<input type="checkbox"/> Public sector/educational/ charity/NHS/local gov/ voluntary orgs	<input type="checkbox"/> £220 + VAT (Total £258.50)	<input type="checkbox"/> £270 + VAT (Total £317.25)	<input type="checkbox"/>
<input type="checkbox"/> Unwaged/student/ small voluntary orgs	<input type="checkbox"/> £160 + VAT (Total £188.00)	<input type="checkbox"/> £210 + VAT (Total £246.75)	<input type="checkbox"/>
<input type="checkbox"/> Conference papers	£60 + VAT (Total £70.50)		<input type="checkbox"/>
<input type="checkbox"/> Marketing code:	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		

Total £

Payment

By cheque A cheque for £ is enclosed
Please make cheques payable to: Pavilion Publishing (Brighton) LTD

By invoice Please send invoice to

Name (IN BLOCK CAPITALS):

Position:

Organisation:

Address:

Postcode:

A £10 (excluding VAT) administration charge will be added to all invoiced bookings.

Purchase order number if applicable:

By BACS

Acc. name: Pavilion Publishing (Brighton) Ltd Bank: HSBC Bank plc
Acc. Number: 41299964 Sort code: 40-25-06 Quote: C62
(Please also send a copy of this form to the address above)

By debit/credit card Please debit my

Visa Mastercard Maestro Solo American Express

Card no:

Valid from: Expiry date:

Issue no: Card security code:

(Switch only) (last 3 digits on signature strip)

Cardholder's name:

Registered cardholder's postcode:

Signature: