

The Department of Mental Health and Social Work, Centre for Excellence in Teaching and Learning
at Middlesex University in partnership with The Mental Health Training Forum and Pavilion presents:



The past, the present, the future

9th Annual Mental Health Education and Training Conference

Date: Wednesday 9 and Thursday 10 September 2009

Venue: Hendon Campus, Middlesex University

SAVE £50

when you book before
17 July 2009



The past, the present, the future

9th Annual Mental Health Education and Training Conference

About the conference

This conference follows on from previous mental health training and education conferences in Brighton (2001), Lincoln (2002), Nottingham (2003, 2004), London (2005, 2006, 2007) and Nottingham (2008).

The conference will examine the role of education and training as an essential bridge between legislation, policy and practice. This will be done through:

- presentations on the key themes of the past, present and future for mental health training and education
- workshops concentrating on specific areas and challenges for education and training
- discussion groups looking at achievements and challenges
- a concluding session to evaluate the conference, draw together key messages and set the scene for the 2010 conference.

Themes

- Critical reflection on the education and training outcomes of the mental health modernisation agenda – successes and setbacks
- Taking stock of where we find ourselves today
- Looking to the future for mental health education and training in the UK and across Europe in 2009 and beyond



Aim of the conference

The overall aim of this conference is to bring together trainers and educators across the broad field of mental health to:

- critically reflect on and take stock of developments in mental health education and training over the past 12 years
- critically reflect on the overall climate within which education and training providers operate today
- consider some examples of the effective delivery of training and education, including areas for future challenges
- encourage networking and the sharing of ideas amongst all.

Who should attend?

Trainers and educators from across the broad field of mental health:

- lecturers/senior lecturers/principal lecturers/visiting lecturers/tutors in higher or further education (from nursing, occupational therapy, psychiatry, psychology, social work and generic backgrounds)
- service user/survivor trainers
- carers with a training/education role
- training officers and managers from NHS trusts, primary care trusts, social services, voluntary sector organisations, the independent sector
- practitioners and managers from the mental health field who have a training/education role
- commissioners and purchasers of mental health training
- human resources personnel in the health and social care sector.

Programme – Day One

9.30am Registration

10.00am **Setting the scene for the conference – looking back and reflecting on successes and setbacks since 1997**

Chair: Nicky Torrance Director, Department of Mental Health and Social Work, Centre for Excellence in Teaching and Learning, Middlesex University

Welcome to Middlesex University

Professor Waqar Ahmad Deputy Vice Chancellor Research and Enterprise, Middlesex University

What has been achieved in mental health education and training since 1997 – in the UK and within a wider European perspective

Andrew McCulloch Chief Executive, Mental Health Foundation

The changing face of mental training and education

Peter Ryan Professor of Mental Health, Department of Mental Health and Social Work, Centre for Excellence in Teaching and Learning, Middlesex University

11.30am Refreshments

12.00pm **Taking stock of where we are at today and thinking about future challenges**

The impact of service users in training and the challenges ahead

Kate Holmes Enfield Mental Health User Group and **Jacqui Lynskey** Barnet Voice from Middlesex University Service User Advisory Group and **Peter Munn** Service User Survivor Trainers Network

The impact of Wellness Recovery Action Planning across Hampshire and the challenges ahead

Barbara Evans Learning and Development Adviser Mental Health

1.00pm Lunch

2.00pm **Workshops – current key initiatives**

A Education and training for community development workers for black and minority ethnic communities

Ross O'Brien Chair, London Community Development Worker Network Training and Education Sub Group

B An overview of the various NIMHE/CSIP programmes and an update on progress

Ian McGonagle Workforce Project Manager, Centre for Clinical and Academic Workforce Innovation, University of Lincoln, NIMHE/CSIP educational and training materials

C The Survivor History Group – Teaching and learning about our history

Peter Campbell Mental Health System Survivor, Writer and Freelance Trainer

Clare Ockwell Training and Development Coordinator, CAPITAL Project Trust, West Sussex

Andrew Roberts Middlesex University

D In-Sight: A holistic approach to recovery training for people with bipolar disorder or depression

Dr Heather Straughan Research Fellow, Centre for Mental Health Recovery, University of Hertfordshire and Chair, West Herts MDF/The BiPolar organisation

Professor Shula Ramon Anglia Ruskin University

E Group work based training for clients and staff in in-patient addictions

Megan Underhill, Assistant Psychologist and **Laura Marshall**, Assistant Psychologist, Inpatient Addictions, Bethlehem Royal Hospital, South London and Maudsley NHS Trust

3.15pm Refreshments

3.40pm **The past, the present, the future – key messages for mental health educators and trainers**

Ian Baguley Professor and Director of the Centre for Clinical and Academic Workforce Innovation, University of Lincoln

4.20pm **Facilitated discussion groups**

What we have achieved and our biggest challenge for the future

Facilitators will be Middlesex University staff

5.00pm Close

7.00pm **Dinner followed by entertainment**

Professor Barry Jackson, Middlesex University, and his acclaimed blues band

Programme – Day Two

9.00am Arrive

9.15am **The future for mental health services and education and training's role**

Chair: Janet Holmshaw Senior Lecturer, Department of Mental Health and Social Work, Centre for Excellence in Teaching and Learning, Middlesex University

Lifelong learning in mental health in Europe: users as learners, users as trainers – feedback

Tim Greacen Director of Research, Maison Blanche Hospital, Paris, France

Ian Dawson Co-ordinator of Services, Salten Psychiatric Centre Nordland Hospital, Bodø, Norway from the EMILIA programme (a European Union project in the thematic area of Lifelong Learning)

Recovery/discovery/coping/managing/surviving/thriving – training and education that hits the spot and avoids the pitfalls

Thurstine Basset Chair, Mental Health Training Forum, Middlesex University and Independent Training Consultant

10.30am Refreshments

11.00am **Workshops – current key initiatives**

A Self-management and medication

Maria-Louise Bønnelykke Pedersen Project Leader and
Randi Boesen Jansdorf and **Netti Anslev**, Emilia Trainers
Vordingborg, Denmark

B Service user involvement in training for the therapeutic management of violence and aggression

Jane Obi-Udeaja Lecturer, Middlesex University

Kate Crosby Service user trainer

Garry Ryan Service user trainer

C The mhhp training programme (City and Guilds accredited) for mental health helpline workers

Clare Marshall Training and Development Manager, Mental Health Helplines Partnership (mhhp)

D Recovery training delivered in Barnet, Enfield and Haringey on behalf of the recovery centre at the University of Hertfordshire

Angela Flaye Recovery Approach Implementation Project Manager

Andy Smith Service user trainer

Chris Munt Service user trainer

E The future of evidence-based family based interventions: involving service users/carers in the planning, implementations, and evaluations of early intervention approaches

Lynn McDonald Professor of Social Work, Middlesex University

12.15pm **Concluding session**

Have your say

20-minute open forum for delegates to comment facilitated by

Thurstine Basset Chair, Mental Health Training Forum, Middlesex University

Evaluation completing of forms and comments from delegates

Key messages and looking ahead to the 2010 conference in Wales

1.00pm Lunch and close

About the Department of Mental Health and Social Work at Middlesex University

The Department is one of the leading providers of mental health and social work education in the UK. In 2005 the department was awarded status as a Centre of Excellence for Teaching and Learning (CETL) by the Higher Education Funding Council. CETL status was awarded for demonstration of excellence in learning and teaching practice but in particular in:

- learning for practice
- involvement of service users, carers, and inter-agency working in programme development and implementation
- innovative teaching and learning practices and strategies for student support.

There are approximately 750 students studying in the Department, which offers pre-qualifying programmes leading to a professional qualification in mental health nursing or social work and a wide range of post graduate/post qualifying programmes and short courses.



Continuous professional development

Professionals within the social care sector are required to undertake Continuous Professional Development (CPD) by the General Social Care Council (GSCC). Delegates can gain CPD points from attending our conferences and exhibitions.

Promotional opportunities

For more information about promotional opportunities at this conference, such as exhibiting and including your promotional materials in the conference delegate packs, please contact:

Graham Hoare Customer Relationships Manager, OLM-Pavilion:



Tel: 01273 666703



Email: grahamh@pavpub.com

About OLM-Pavilion

OLM-Pavilion is the leading publisher and event organiser for those working in social and healthcare fields, whether they work in the statutory, private or voluntary sectors.

We publish over 200 training packs, *Mental Health Today* and *Learning Disability Today* magazines.

Unable to attend?

Conference papers, as presented to the delegates on the day, are available on CD-rom after the conference for £60 + VAT.

This useful reference will include: available speakers' papers, speakers' biographies and any additional inserts.

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Mental Health Today is the monthly, multidisciplinary magazine for all those working in or with the statutory, voluntary and independent mental health services.

Published 10 times a year, it promotes diversity of best practice across the health and social care sectors and keeps readers up-to-date with the latest developments in policy and practice.

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9th Annual Mental Health Education and Training Conference

Date: Wednesday 9 and Thursday 10 September 2009 Venue: Hendon Campus, Middlesex University

We cannot accept provisional bookings

How to book:

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Post this form to: FREEPOST RLUZ-ATEU-RYUZ, OLM-Pavilion, Richmond House, Richmond Road, Brighton, BN2 3RL

Your details

(Please complete this section for each delegate. Photocopies are acceptable.)

Dr Mr Mrs Ms (Please circle) Other:

First name:

Surname:

Job title:

Department:

Organisation:

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I am wheelchair user I require a vegetarian meal I require a hearing loop

Please state any other requirements:

I agree to the terms and conditions as stated at the bottom of this page

Name:

Signed:

Date:

Workshop sessions

Please indicate below which two workshops you would like to attend:

1st choice 2nd choice

Day one (A-E)

Day two (A-E)

What best describes your current position?

- | | |
|--|---|
| <input type="checkbox"/> CE/Director/Commissioner | <input type="checkbox"/> Trainer/HR |
| <input type="checkbox"/> Manager | <input type="checkbox"/> Student |
| <input type="checkbox"/> Practitioner/ Frontline staff | <input type="checkbox"/> Academic |
| <input type="checkbox"/> Social worker | <input type="checkbox"/> Carer |
| <input type="checkbox"/> Clinician | <input type="checkbox"/> Person who uses services |
| | <input type="checkbox"/> Other |

Venue

Hendon Campus, Middlesex University

(a map of the venue will be sent with confirmation of your booking)

Dates

Wednesday 9 and Thursday 10 September 2009

Conference fees

The fee includes lunch, refreshments and conference materials. Accommodation is included in the two day rate.

Conference papers

Conference papers will be sent out a week after the conference, please fill in the 'Your details' section.

Group discount

Group discounts are available, please call 0844 880 5061 for more information.

Free bursaries for people who use services and unwaged carers are available on application to the address above.

Confirmation of booking

When booking, please wait for written confirmation before arranging travel.

Terms and conditions

Cancellation and refund policy

All cancellations will be subject to a £50 administration fee, if received in writing by 25/08/09. We regret that any cancellations after this date cannot be refunded, but substitute delegates are welcome at any time.

Payment

30 days either from date of invoice or before the conference (whichever sooner). Payment must be received prior to the conference.

Delegate rates

(For group rates and bursary places please see terms and conditions.)

Book before 17 July 2009 and SAVE £50

	One day rate	Two day rate	Quantity
<input type="checkbox"/> Public sector/educational/charity/NHS/local gov/voluntary orgs	<input type="checkbox"/> £165 + VAT (Total £189.75)	<input type="checkbox"/> £245 + VAT (Total £281.75)	<input type="checkbox"/>
<input type="checkbox"/> Central gov/private orgs	<input type="checkbox"/> £265 + VAT (Total £304.75)	<input type="checkbox"/> £345 + VAT (Total £396.75)	<input type="checkbox"/>
<input type="checkbox"/> Unwaged/student/small voluntary orgs	<input type="checkbox"/> £120 + VAT (Total £138)	<input type="checkbox"/> £195 + VAT (Total £224.25)	<input type="checkbox"/>
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We may also make your details available to carefully screened organisations working in the health and social care field. If you DO NOT wish to receive information from these companies, please tick here:

OLM-Pavilion reserves the right to make changes to the programme, speakers or venue should this become necessary.

Please note that occasionally we might film, record or photograph all or part of our events. Footage, photography or audio may be broadcast after the event and used in a professional context.