

Feeling used?

Making service user involvement real



For better
mental health

Feedback from delegates in 2005

"I have a wealth of information to take home and feel personally enriched by the experience."

"The opportunity to network and share views with people from all over the country was fantastic."

"A really enjoyable, thought provoking and challenging couple of days."



Mind annual conference
and exhibition 2006
15-16 March 2006, Harrogate

- What is service user involvement?
- Where does it happen?
- Where should it happen?

Individuals, charities, academia, Trusts and Councils showcase their knowledge and experience of the highs and the lows, how it can work and why it is important it should work.

Wednesday 15 March 2006

8.30am	Doors open		Beyond involvement: user led services, the basics of how to do it (W) Lynn Shipp, Manager, Mind in Bradford
10.30am	Conference opening		
10.45am	Opening session: The Mental Health Bill		Feed the need: increasing service users' involvement in the field of eating disorders (W) Sarah Rowbotham and Judy Mead, Outreach Worker
12.15pm	Mind's focus		
12.45pm	Lunch and exhibition viewing		
	Conference fringe		Mental Health Act assessment: the role of service users in appointing, training and the continuing professional development of ASWs (W) Greg Slay, Practice Development Manager, West Sussex County Council and Claire Ockwell, a member of Capital Project Trust
	Arts and Relaxation Zone open with workshops including: Circus Skills , Bruised Fruits Reiki , Anjie Chhapia		
2.45pm	Rosie Winterton MP, Health Minister		
3.15pm	Transition	4.30pm	Break and exhibition viewing
3.30pm	Parallel sessions – group one Running concurrently, sessions in this group include: Older people and mental health: attitudes and services (Debate) Service users as citizens: actively promoting service user involvement throughout a Trust (L) Lindsey Dyer, Director, Service Users and Carers, Mersey Care NHS Trust	5.00pm	Conference fringe Arts and Relaxation Zone open with workshops including: Dedication to the seven: hearing voices in dance (Performance and discussion) Louise Pembroke
		6.30pm	Conference dinner
		9.00pm	Sound Minds: live music

Visit Mind's website for more information at www.mind.org.uk

Thursday 16 March 2006

- 9.15am **Plenary session: Redressing the power balance**
- 10.30am **Break and exhibition viewing**
- 11.15am **Parallel sessions – group two**
Running concurrently, sessions in this group include:
- To what extent is service user involvement a sham? (Debate)**
- Better services for people who self-harm – collaborative research project (L)**
Lucy Palmer, Project Manager and Helen Blackwell, Service User Expert – Better Services for People who Self-Harm, Royal College of Psychiatrists
- Earning from your experience: service users as mental health consultants and trainers (W)**
Representatives from Mind's Business Boosters project
- The Chicken Soup Guide to service user involvement (W)**
Mark Willis, Mental Health Day Services Manager, Jewish Care
- User involvement in a rural area: speaking out (W)**
Graham Morgan, Advocacy Project Manager, Highlands User Group

12.15pm **Lunch and exhibition viewing**

Conference fringe

Arts and Relaxation Zone open with workshops including:
Circus Skills, Bruised Fruits
'Scarred', Firebrand Theatre Collective (Performance and discussion)

2.15pm **Parallel sessions – group three**
Running concurrently, sessions in this group include:

Survivor-defined outcomes in measuring performance of mental health services (L)

David Crepaz-Keay, Senior Policy Advisor on Patient and Public Involvement, Mental Health Foundation

Building to recovery: the central role of housing (W)

East Suffolk Mind

Service user engagement in mental health research – partnership and co-option (W)

Dr Jan Wallcraft, Operational Manager of SURGE

Working across agencies: high level involvement modernising local services (W)

Terry Simpson, Development Worker, Leeds Mental Health Users and Carers Reference Group

3.15pm **Break and exhibition viewing**

4.00pm **Plenary session: 'How tangoing saved my life', inspirational stories**

5.00pm **Closing session**

5.10pm **End of Mind's 2006 annual conference**

L – lecture **W** – workshop



Delegate registration form

Feeling used? Making service user involvement real

Mind annual conference and exhibition,
15-16 March 2006, Harrogate

Please use **BLOCK CAPITALS** when filling in this form.

How to book: Please complete this form and return it to:

Conference and Training Unit, Mind
15-19 Broadway, London E15 4BQ
Fax: 020 8215 2341
Email: conferences@mind.org.uk

Telephone queries: 0844 448 4450/ 020 8215 2311

Delegate details

Mr/Mrs/Miss/Ms/Dr/ Other (Please specify)

Name _____

Job title _____

Organisation _____

Address _____

_____ Postcode _____

Tel _____ Fax _____

Email _____

Delegate fees

(Please tick as appropriate)

Early registration (before 16 December 2005)

One-day rate (select day)

Wednesday 15 Thursday 16

£90.00 Individuals/local Mind associations

£155.00 Charities/voluntary organisations

£170.00 Statutory/commercial organisations

Two-day rate (select day)

£165.00 Individuals/local Mind associations

£285.00 Charities/voluntary organisations

£315.00 Statutory/commercial organisations

Late registration (after 16 December 2005)

One-day rate (select day)

Wednesday 15 Thursday 16

£105.00 Individuals/local Mind associations

£180.00 Charities/voluntary organisations

£190.00 Statutory/commercial organisations

Two-day rate (select day)

£195.00 Individuals/local Mind associations

£345.00 Charities/voluntary organisations

£360.00 Statutory/commercial organisations

Please tick if you are a

Local Mind association employee/member
(Please specify which LMA)

For details of the exclusive LMA pre-conference sessions visit the LMA section of Mind's website.

Additional requirements

Diet (tick as appropriate)

Vegetarian Other (please specify)

Please outline any access requirements you have:

Payment (tick as appropriate)

I enclose a cheque made payable to **Mind**

Please send an invoice to the address given above

Please send an invoice to the contact name and address below.

Name _____

Address _____

_____ Postcode _____

Free places

There are a limited number of free places available to individual mental health service users who are not in paid employment or are low waged. If you would like to apply for a free place please complete this form, tick the box below and send to the address given above. The deadline for free place application is **2 December 2005**. You will be notified if you have received a free place by 16 December 2005.

I would like to apply for a free place

Diverse Mind subsidies for 70 per cent of the registration fee are available for members of Diverse Minds attending the conference. Please contact the Conference and Training Unit for further details.

Joining instructions will be sent our approximately four weeks prior to the event.

Programme changes

Mind reserves the right to make any changes to the programme given without prior notification.

Cancellations

Cancellations received before 13 February 2006 will be charged a £70 administration charge. Cancellations after this date are liable for the full registration fee. Substitutions can be made at any time without charge. In the event of circumstances beyond its control, Mind reserves the right to amend or cancel any conference. Mind is not liable for any expense incurred by delegates as a result of cancellation.