

# SURVIVORS RESEARCH NETWORK

## Birmingham Research

### Seminar Series

#### COLLABORATION IN MENTAL HEALTH RESEARCH:

#### Challenges, constraints and contributions to knowledge.

At the invitation of the Survivors History Network the Centre of Excellence in Interdisciplinary Mental Health (CEIMH) is hosting five Survivors Research Network seminars from March-September 2010.

The theme of these seminars is what is being learnt through the collaborative work being undertaken by survivor and academic researchers

**The next seminar in this series is on July 14<sup>th</sup> 2010 from 4.00pm-6.00pm at CEIMH, Basement Watson Building, University of Birmingham, Edgbaston, Birmingham B15 2TT**

[www.ceimh.bham.ac.uk](http://www.ceimh.bham.ac.uk)

Drinks and light refreshments will be provided

#### **'The Survivors History Movement and the History of Self Harm activism'**

*A seminar to discuss the value of history for those of us who have suffered severe mental distress*

#### **Members of the Survivor History Group and Mark Cresswell**

Introduced by groups researching the history of the survivors' movement. Survivors of Afro-Caribbean origin in Tower Hamlets pioneered "The Health Through History Initiative" to achieve strength, confidence and perseverance. Peter Campbell, chair of the Survivor History Group, has tracked the rise and decline of "Survivors Speak Out" since 1986, and we will look, in particular, at the achievements of activists like Louise Pembroke who pioneered a different approach to self-harm. Mark Cresswell from Durham University, will comment on the significance from an academic point of view. Barbara Norden, from Birmingham, will chair the seminar with an emphasis on discussion.

**To book a place, contact Nicki Young:**

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**Post: CEIMH, Basement, Watson Building,**

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The Seminar originally to be held on March 17th will be held on September 14<sup>th</sup> from 12.00-2.00pm