



International Service User Research Seminar

Thursday 26 November 2009
2.00—3.30 pm

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Service User Task Force

Mental health research - Is involvement possible or should we do it ourselves?

Service users have argued repeatedly that involvement must lead to genuine change. Yet much mental health research is based on traditional assumptions and methodologies which we were not involved in creating, and cannot effectively challenge. We are now invited to get involved, but are we wasting our time? What has been the response of service users to this dilemma?

This presentation will give some examples of different responses—from working one's way to the top of the professional tree at one extreme, to going off and doing radically alternative research at the other, and summarise the value of different approaches, setting out for debate some thoughts about the likelihood of making a real difference to the underlying biomedical agenda.

How to book:

Contact **Nicki Young** on 0121 415 8570 or email on
n.young.1@bham.ac.uk.

Please note non-waged participants can reclaim their travel expenses on the day.

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